



Sanjiv K.S Marya

Joint and Replacement Surgery

Education & Training:

- **MCh (Orth) University of Liverpool , UK - 1991**
- **DNB (Orth) National Board of Exams - 1985**
- **MS (Orth) PGI, Chandigarh - 1984 BEST POST GRADUATE**
- **MBBS, Rohtak - 1981 BEST GRADUATE**
- **ISC , The Doon School , Dehradun - 1974**

Brief Bio:

Dr. Sanjiv KS Marya has been in the field of medicine and orthopaedic surgery for almost 30 years and is currently working with Max Healthcare Institute Limited, New Delhi as Director - Orthopaedics & Institute of Joint Replacement Surgery. He qualified his MBBS as the Best Graduate of Maharshi Dayanand University and Medical College Rohtak. Dr. Marya then did his MS (Masters in Orthopaedic Surgery) from PGI, Chandigarh with honors - being declared the Best Post Graduate. Subsequently he took extensive training in the field through DNB (Diplomat of National Board) and the prestigious M.Ch. degree from University of Liverpool. He was awarded the fellowship of International College of Surgeons, USA. He has recently completed a certificate course in Hospital Management for Indian Institute of Management, Ahmedabad.

Dr. Marya's areas of specialization include Joint Replacement Surgery for the joints of upper and lower limbs (Primary and Revision) and Trauma Management based on AO Principles. He has also undergone specialized training in these from several institutes abroad. The centers of major learning for him have been Michael Reese Hospital and Medical Centre, Chicago, Massachusetts General Hospital, Boston, Charnley Hip Centre, Wrightington (England) and Kantonsspital, Chur (Switzerland), Nepean Joint Replacement Centre (Australia) and Motol University Hospital (Czech Republic). Till date, he has conducted over 3000 Joint Replacements Surgeries, including over 450 Simultaneous Knee Replacement Surgeries (Bilateral Total Knee Replacements). He was awarded the prestigious AO trauma fellowship to Switzerland.

Before joining Max Healthcare, Dr. Marya has worked as Director - Division of Joint Replacement Surgery & Senior Consultant Orthopaedics at Apollo Hospital, New Delhi, Royal

Hampshire Country Hospital, Winchester (England); as Lecturer and Consultant orthopaedic surgeon at University College of Medical Sciences, Delhi, Senior Resident in Orthopaedics at AIIMS, Delhi and Junior Resident in Orthopaedics at PGIMER, Chandigarh..

Dr. Marya has also written extensively on various issues in the field of orthopaedics, with over 60 scientific papers published in National and International journals. This includes a thesis on Excision Arthroplasty in infected hips, published for University of Liverpool, UK and a chapter on poliomyelitis in 'Surgical Disease in Tropical Countries', published by the National Book Trust.

His work has also been cited in the 'Year Book of Orthopaedics, 1988', 'Campbell's Operative Orthopaedics' and 'Rockwood and Green's Fractures in Adults'.

Dr. Marya has a passion for teaching and disseminating the knowledge he has gained in all these years and has been conducting workshops and delivering lecture at various institutes of repute. This includes over 150 sessions across the world in USA, UK, Thailand Switzerland, Dubai, Philippines, Singapore, Australia, South Korea, Pakistan, Nepal, China, Bangladesh, Czech Republic and major Indian societies.

Dr. Marya has also been invited to demonstrate live surgical techniques in China, Pakistan, Bangladesh, Sri Lanka, Nepal and Philippines bringing credit to Indian Surgeons.

In the year 2002 he was the only person from India to be invited to deliver a lecture at the prestigious Asian Joints Symposium, held in Philippines. He was invited in June 2003 to lecture at Chicago, USA, to the American Association of Physicians of Indian Origin. He was presented the 'Distinguished Service Award' by Indian Medical Association, New Delhi.

His expertise has been well recognized by national and international bodies. He is a Thesis supervisor and examiner for DNB (National Board of Examination). He has been appointed as a teacher for the Arthroplasty Section of Indian Orthopaedic Association Super Specialty Training Committee.

Dr. Marya Served the Indian Railways in Honorary capacity for five years and helped to modernize the orthopaedics services at the Northern Railways Central Hospital, New Delhi. He started state of art joint replacement and trauma management and helped conduct three national level workshops on trauma and joint replacement surgery at Railways Hospital.

Dr. Marya has been appointed as Honorary Visiting Professor of Orthopaedics by Sri Ramachandra Medical College & Research Institute (Deemed University), Chennai and Honorary Visiting Professor of Orthopaedics, Sri Devaraj Urs Medical College Kolar, Karnataka. He was advisor to Himalayan Institute Hospital & Medical College, Dehradun.

Dr. Marya currently is the Director of 'PFC Sigma Total Knee Replacement Fellowship Programme' and 'World Orthopaedics Concern Joint Replacement Fellowship'. He trains and teaches surgeons from many parts of India and neighboring countries in latest surgical and non surgical techniques. He is also directing an international joint replacement programme. He was also the Chief Investigator of a Multiple Centre Nationwide Study on Incidence on Deep Vein Thrombosis in India.

Dr. Marya has been contributing to medical literature by way of being member of editorial board of ten scientific journals; both National and International. These journals are read by a large number of junior and senior doctors in India and abroad.

He has performed more than 3000 joint replacements of Knees, Hips, Shoulders, Toes and Finger joints. This includes primary and revision joint replacement work. He has pioneered bilateral joint replacement of knee and hip joints i.e. replacing both joints in one sitting. Dr. Marya has initiated the unicompartamental (Half Knee) replacement and has done exclusive work on fractures in joint replacement. He has also introduced resurfacing hip replacement in this part of India and recently conducted three workshops on this new techniques including live demonstration.

Dr. Marya has demonstrated on TV circuit live Knee, Hip including surface replacement and Unicompartamental knee replacements on numerous occasions to hundreds of surgeons as a teaching aid in many National and International conferences and workshops.

He has not only disseminated knowledge and information in medical world; Dr. Marya has written in, been quoted and cited in almost all major News papers and magazines in the country. He has appeared on most TV channels informing the public at large about problems of bones and joints, their prevention and cure. Dr. Marya had the privilege of setting up the department of orthopaedics at University College of Medical Sciences and GTB, Hospital, Delhi as a lecturer and Head of Department from 1987-89. Subsequently, he was the first coordinator of Department of Orthopaedics at Indraprastha Apollo Hospital in 1995-97.